## SAFE 2 HELP

ILLINOIS

### SEEK HELP BEFORE HARM

#### WHAT IS SAFE2HELP IL?

Safe2Help IL is a program with a multifaceted approach to help prevent suicides, bullying school violence, or other threats to school safety. The program offers a website with self help resources and videos, a classroom resource kit to help change the culture in Illinois schools, and a 24/7 confidential way to share information regarding safety issues impacting Illinois students. The goal of the program is to get students to "Seek Help Before Harm.



#### DID YOU KNOW?

**70%** 

of teens have experienced struggles with mental health.



Boys Town National Hotline received 2,932 calls from Illinois teens in 2020. Top concerns were mental health and suicide related.



of attackers shared concerning communications verbally through in-person statements.

Source: United States Secret Service

# HOW TO SHARE INFORMATION



844-4-SAFEIL



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